A digital care pathway – an easy access to a nurse after PCI

Background
- Need to found more effective and flexible ways to support CAD patients in their self-care of the risk factors and adherence to the drug therapy

Purpose
- Make process of care more effective
- Protect patient participation in care
- Evaluate patient’s risk factors and adherence to the drug therapy

Aim
- Start patient’s active treatment and rehabilitation after hospital care
- Lower unnecessary hospital visits

Method
- Developed in a multi-professional team
- DCP was pilot tested by professionals (n=6) and CAD patients (n=10)

Coronary artery disease patient’s digital treatment path

1. Reliable information and service digitally
2. Blood pressure and pulse follow-up
3. Blood test at the primary health care
4. Medical treatment effect questionnaire
5. Healthcare professionals, which evaluate treatment effect
6. If necessary, you get more instruction to your medical treatment
7. Health feedback
8. Journey continue

Results

- Preliminary experiences are that patients appreciate the easy access to the DCP at any time of the day and the equality of care.
- Future research can give us information from patients experiences at DCP and we can measure DCP effectiveness in care.

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