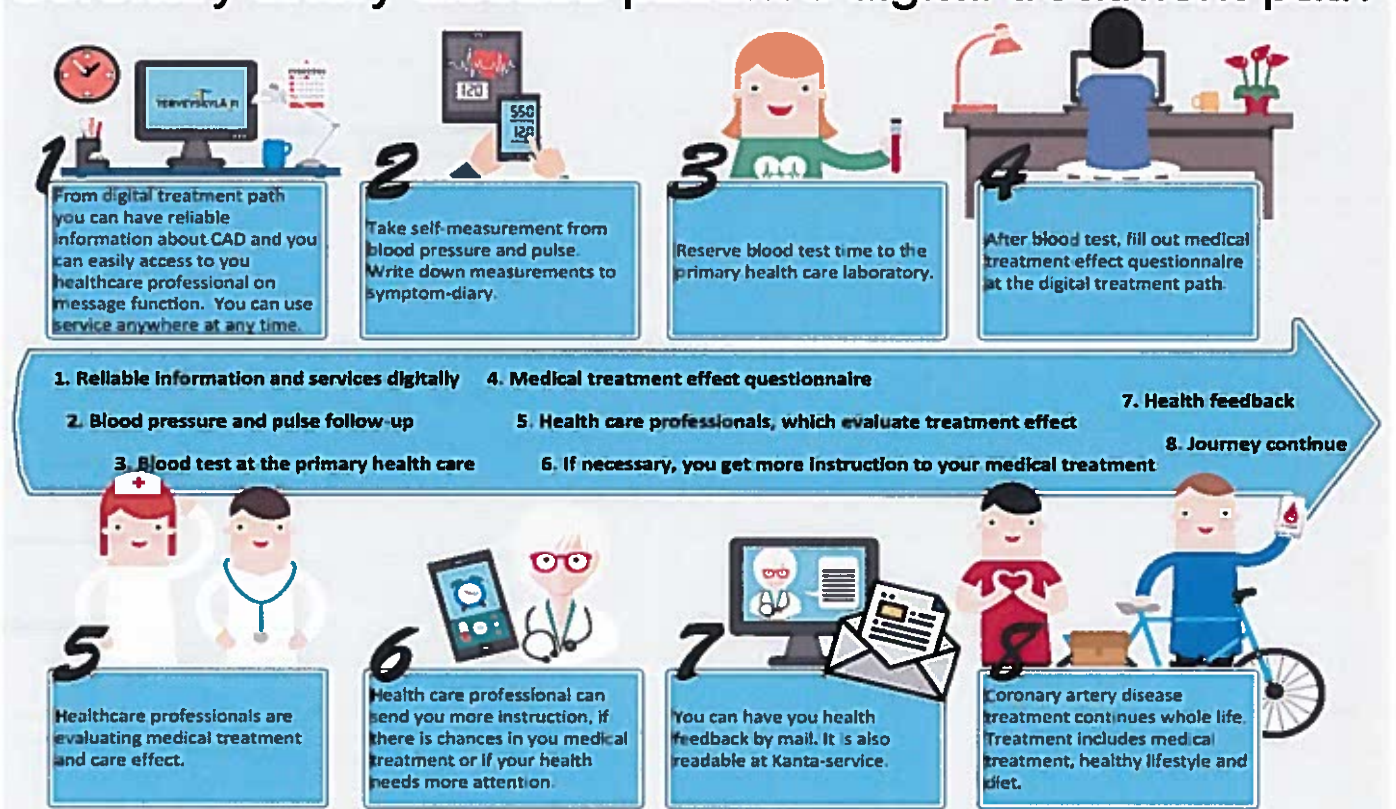


A digital care pathway – an easy access to a nurse after PCI

Background	Purpose	Aim	Method
<ul style="list-style-type: none"> • Need to found more effective and flexible ways to support CAD patients in their self-care of the risk factors and adherence to the drug therapy 	<ul style="list-style-type: none"> • Make process of care more effective • Protect patient participation in care • Evaluate patient's risk factors and adherence to the drug therapy 	<ul style="list-style-type: none"> • Start patient's active treatment and rehabilitation after hospital care • Lower unnecessary hospital visits 	<ul style="list-style-type: none"> • Developed in a multi-professional team • DCP was pilot tested by professionals (n=6) and CAD patients (n=10)

Coronary artery disease patient's digital treatment path



Results

- Preliminary experiences are that patients appreciate the easy access to the DCP at any time of the day and the equality of care.
- Future research can give us information from patients experiences at DCP and we can measure DCP effectiveness in care.

H. Mikkonen, RN, hanna.mari.mikkonen@ppshp.fi, J. Keränen, RN, K. Kaikkonen, cardiology